



## How to deal with a bully?

Bullies must get the message from adults in authority that their behaviour is not okay and will not be tolerated. This means intervening quickly and consistently.

If you see bullying happening;

1. Always intervene. Get help from another adult if you need to.
2. Always model respectful behaviour when you intervene.
3. Separate the kids involved & make sure everyone is safe.
4. If there are any immediate medical or mental health needs, deal with them first.
5. Stay calm and reassure the kids involved and any bystanders that the situation is under control.

Once the incident is over, talk to each of the children involved, separately. Speak to anyone else who saw what happened, so you have as much information as possible. Never question kids in front of others or they may be too afraid to tell you the truth.

Demanding apologies on the spot doesn't help either, as they won't be meaningful. Once the kids have had a chance to reflect on what happened, follow your school policy regarding counselling and reconciliation strategies.

If the incident is more serious, for example, it involved weapons, serious injuries or sexual violence, you may need to take the matter further.

If you want some pointers about how to raise kids who are kind, tune into the next video, with Harith.

**#STAND  
TOGETHER**