

# BULLYING CAN TAKE MANY FORMS:

1



## DIRECT BULLYING

Teasing, verbal attack, shoving, assaults, extortion, destruction of property.

2



## INDIRECT BULLYING

Shunning, spreading rumors, malicious practical jokes, and similar verbal and social behavior.

3



## CYBER BULLYING

Use of Internet technology, including social websites, text messaging and e-mails to threaten, humiliate and shame.

4

## VERBAL BULLYING

The most common type of bullying experienced by both boys and girls. Boys are more likely to be physically bullied by their peers; girls are more likely to report being targets of rumor-spreading and sexual comments; Girls are also more likely than boys to bully each other using social exclusion.

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